

Exercícios de mão esquerda

www.bloco3.com

♩ = 95

Begin at 95; progress 120 - 144 - 170

1 2 3 4 4 3 2 1 4 3 2 1 1 2 3 4

1

7 8 9 10 10 9 8 7 | 7 6 5 4 4 5 6 7 | 6 7 8 9 9 8 7 6 | 6 5 4 3 3 4 5 6

To make use the edge left fingers

5

5 6 7 8 8 7 6 5 | 5 4 3 2 2 3 4 5 | 3 4 5 6 3 4 5 6 3 4 5 6

All fingers must stay in corner right of houses

9

6 5 4 3 6 5 4 3 | 6 5 4 3 6 5 4 3 | 4 5 6 7 4 5 6 7 4 5 6 7

11

7 6 5 4 7 6 5 4 | 7 6 5 4 7 6 5 4 | 5 6 7 8 5 6 7 8 5 6 7 8

13

8 7 6 5 8 7 6 5 | 8 7 6 5 8 7 6 5 | 6 7 8 9 6 7 8 9 6 7 8 9

15

9 8 7 6 9 8 7 6 | 9 8 7 6 9 8 7 6 | 7 8 9 10 7 8 9 10 7 8 9 10

17

10 9 8 7 10 9 8 7 10 9 8 7 8 9 10 11 8 9 10 11 8 9 10 11

19

11 10 9 8 11 10 9 8 11 10 9 8 9 10 11 12 9 10 11 12 9 10 11 12

21

12 11 10 9 12 11 10 9 12 11 10 9 5 6 7 8 5 6 7 8 5 6 7 8

25

6-7 8-9 6-7 8-9 6-7 8-9 7-8 9-10 7-8 9-10 7-8 9-10

end...